

December 2024

Deals run Nov 27 - Dec 24



Kerrygold Pure Irish Butter **\$479**

8 07

Dr. Bronner's Organic Pure Castile Soap (selected varieties) **\$**399

5 07

GT's Kombucha (selected varieties)

\$749

48 oz



Essentia Alkaline Water (selected varieties)

2/\$3

1.5 l¹



KeVita Organic Kombucha (selected varieties)

\$279

15.2 oz



Olli Prosciutto Mozzerella Snack Pack

\$629

2 oz



Angie's BoomChickaPop White Cheddar Popcorn

\$299

4.5 02



Organic Valley Raw Sharp Cheddar Cheese

\$479

8 oz



841 S Ponce de Leon Blvd, St Augustine, FL 32084

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PASTURE RAISED ORGANIC TURKEY \$4.99/1b



IF PURCHASED BY DEC 26 AN ADDITIONAL

Must purchase by Dec 26 to qualify for the \$10 discount. While supplies last.



Miyoko's Organic Plant Milk Mozzarella

8 oz

(selected varieties)

Organic Valley Organic Ricotta Cheese

15 oz



Green Valley Creamery Organic Lactose Free Cream Cheese



Bubbies Kosher Dill Pickles (selected varieties)





Vital Farms Butter (selected varieties)

8 oz

Plus hundreds of other Super Deals at

Serving Up Some Super Savings

Bob's Red Mill Buttermilk Pancake & Waffle Mix

\$**3**99

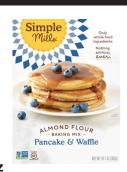
24 07



Simple Mills Gluten Free Almond Flour Pancake Mix

\$599

10.4 oz



Birch Benders Gluten Free Pancake & Waffle Mix

\$499

14 oz





\$379

Dandies Vegan Vanilla Marshmallows (selected varieties)

Frontier Organic Ground Cinnamon





\$579

Immaculate Organic Cinnamon Rolls

17.5 oz



\$399

16 oz

Immaculate Organic Flaky Biscuits



CHYAMON ROLL PANCAKES

These fluffy cinnamon roll pancakes taste like the classic favorite, but easier to make! Goo-ey cinnamon with a hint of pumpkin makes it perfect for a cozy, holiday - inspired brunch!

INGREDIENTS

1 cup Bob's Red Mill Buttermilk Pancake & Waffle Mix

1 egg

1 tbsp oil or melted butter

1/4 cup water

4 tbsp Farmer's Market Organic Pumpkin 1 can Immaculate Organic Cinnamon Rolls Sprinkle of Frontier Ground Cinnamon

MAKE THE PANCAKES

Wash hands (Use Dr. Bronner's bar soap for healthy clean hands =)

Mix the the Pancake & Waffle Mix according to package directions using the eqq, oil, and water. Stir in the canned pumpkin.

Heat a lightly buttered pan or griddle to medium-high heat.

Onto the heated griddle unravel each Immaculate Cinnamon Roll into a large spiral leaving space between the dough. Pour the pancake batter into the spaces.

Cook until bubbly, then flip and cook until center is set about 2-3 minutes per side.

Garnish immediately with a sprinkle of cinnamon and the icing provided. Enjoy!

Compliments of Leanna Diane's Natural Market Inventory Specialist

30% or MORE off of our Every Day Low Prices

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Rao's Homemade Pasta Sauce (selected varieties)



\$**6**99

24 oz

Bionaturae Organic Strained Tomatoes

\$379

24 oz



Absolutely Gluten Free Flatbread

(selected varieties)

\$399

5.29 oz



Bionaturae Organic Tomato Paste

\$229

7 oz



Chickapea
Organic
High Protein
Gluten Free Pasta
(selected varieties)

\$349

8 oz



Mary's Gone Crackers Organic Real Thin Crackers (selected varieties)

\$329

5 oz



Mary's Gone Crackers Organic Crackers (selected varieties)

\$379

6.5 oz



UNREAL Chocolate Bars (selected varieties)

\$429

3.4-4.2 oz



Hu
Organic Chocolate Bar
(selected varieties)

\$329

2.1 oz







Simple Mills Almond Flour Baking Mix (selected varieties)

\$599

9-12.9 oz



Traditional Medicinals
Organic Tea
(selected varieties)

\$449

16 ct





Plus hundreds of other Super Deals at

Serving Up Some Super Savings



Kettle **Potato Chips** (selected varieties)

5 oz

Organic Valley Organic Ghee





13 oz

Enjoy Life Foods Chocolate Chips (selected varieties)

10 oz



INGREDIENTS

3 sticks Vital Farms unsalted butter

2 whole eggs + 2 egg yolks, room temperature

1¾ cups light brown sugar

¾ cups + 2 Tbsps granulated organic cane sugar

2 Tbsp vanilla extract

4¾ cups + 2 Tbsps all purpose flour

1 tsp sea salt

1 tsp baking soda

3 cups Enjoy Life dark chocolate chips

Kettle brand Sea Salt Potato Chips, crumbled



Compliments of Brooke Diane's Natural Market Cafe Manager

MAKE THE COOKIES

Preheat oven 325°

Melt butter and allow to cool to room temp. Combine sugars with the melted butter until fully combined. Slowly add the eggs, yolks, and vanilla extract. Mix until fully combined.

In another bowl combine flour, sea salt, and baking soda. Add 1/3 of the flour mixture at a time and mix just until combined. Fold in chocolate chips.

Form 2 ounce balls and place on cookie sheet. Sprinkle with sea salt and potato chip crumbs.

Bake at 325° for 17 minutes. Enjoy!



Chocolate **Baking Chips** (selected varieties) **Epic Beef Tallow**



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Bonne Maman Preserves (selected varieties)



CROWN PRINCE

BELA LIGHTLY SMOKED SARDINES IN ORGANIC EXTRA VIRGIN

Net Weight 4-1/4 OZ (120g)

Bela'

3 oz

Crown Prince Natural Smoked Oysters (selected varieties)

Edward & Sons Roasted Garlic Mashed Potatoes

Bar Harbor

3.5 oz



Flora Manuka Honey MGO 30+



8.8 oz

Organic Sardines in Extra Virgin Olive Oil

4.25 oz (selected varieties)

Clam Chowder

New England Style

15 oz



Kalahari Biltong **Air Dried Thinly Sliced Beef**



2 oz



VerMints **Organic Mints** (selected varieties)

1.41 oz

Weleda **Skin Food**



Andalou Naturals Shampoo or Conditioner (selected varieties)

11.5 oz



JASON Vitamin E Skin Oil 45000 IU (selected varieties)



(selected varieties)

Everyone

3-in-1 Soap



Plus hundreds of other Super Deals at

Serving Up Some Super Savings

Farmer's Market Organic Pumpkin Pie Mix

\$349

15 oz



Mary's Gone Crackers Organic Honey Graham Style Kookies



\$329

5 oz

CADIA
Organic
Italian Soda
(selected varieties)

\$379

25.4 oz



McCann's Irish Oatmeal Can

\$**6**29



Fever Tree Indian Tonic Water 4 Pack

\$429



Betty Buzz Ginger Beer 4 Pack

\$599

4/36 oz



INGREDIENTS

1 box Mary's Graham Style Kookies

34 cup Evaporated Milk

1 can Farmers Market Pumpkin Pie Mix - 15 oz

2 eggs, slightly beaten

2 Tbsp melted butter

Coco Whip Vegan Whipped Topping

Dash of Cinnamon



Compliments of Toni Diane's Natural Market Head Cashier

MAKE THE CUPCAKES

Preheat oven 350°

Crush Graham Kookies in a food processor. Add the butter and process until crumbly. Place 2 Tbsps crumbs in the bottom of each muffin cup and press in firmly.

Mix the canned Pumpkin Pie Mix, milk, and eggs together. Pour into each muffin cup $\frac{3}{4}$ full. Bake at 350° for 10 - 15 minutes or until set. Let cool.

Top each with a dollop of Coco Whip Topping and garnish with a dash of cinnamon.



Where Lower Prices Come Naturally

Boiron Cold Calm



\$1099

60 tab

Aura Cacia Peppermint Essential Oil

\$599

0.5 oz

NOW Lavender Essential Oil

\$949

1 oz



now

Natural Factors Stress Relax® Tranquil Sleep Chewable



\$2299

60 tab



PROTECTION FROM 5G
PAIN RELIEF THAT WORKS!



THE NEW YOU MIRACLE BAND

ALLEVIATES
ARTHRITIS PAIN
FIBROMYALGIA
CARPAL TUNNEL
JOINT ACHES
BODY ACHES
SEASICKNESS
IMPROVES

STRENGTH AND BALANCE





"If you could eliminate certain outside frequencies that interfered in our body, we would have greater resistance toward disease."

NIKOLA TESLA